



**DIGI
EDU
HACK
2025**

FITNESS

**EAT
AND
TRAIN**

MENTAL AND PHYSICAL APPLICATION



THE PROBLEM:

UNFIT PEOPLE

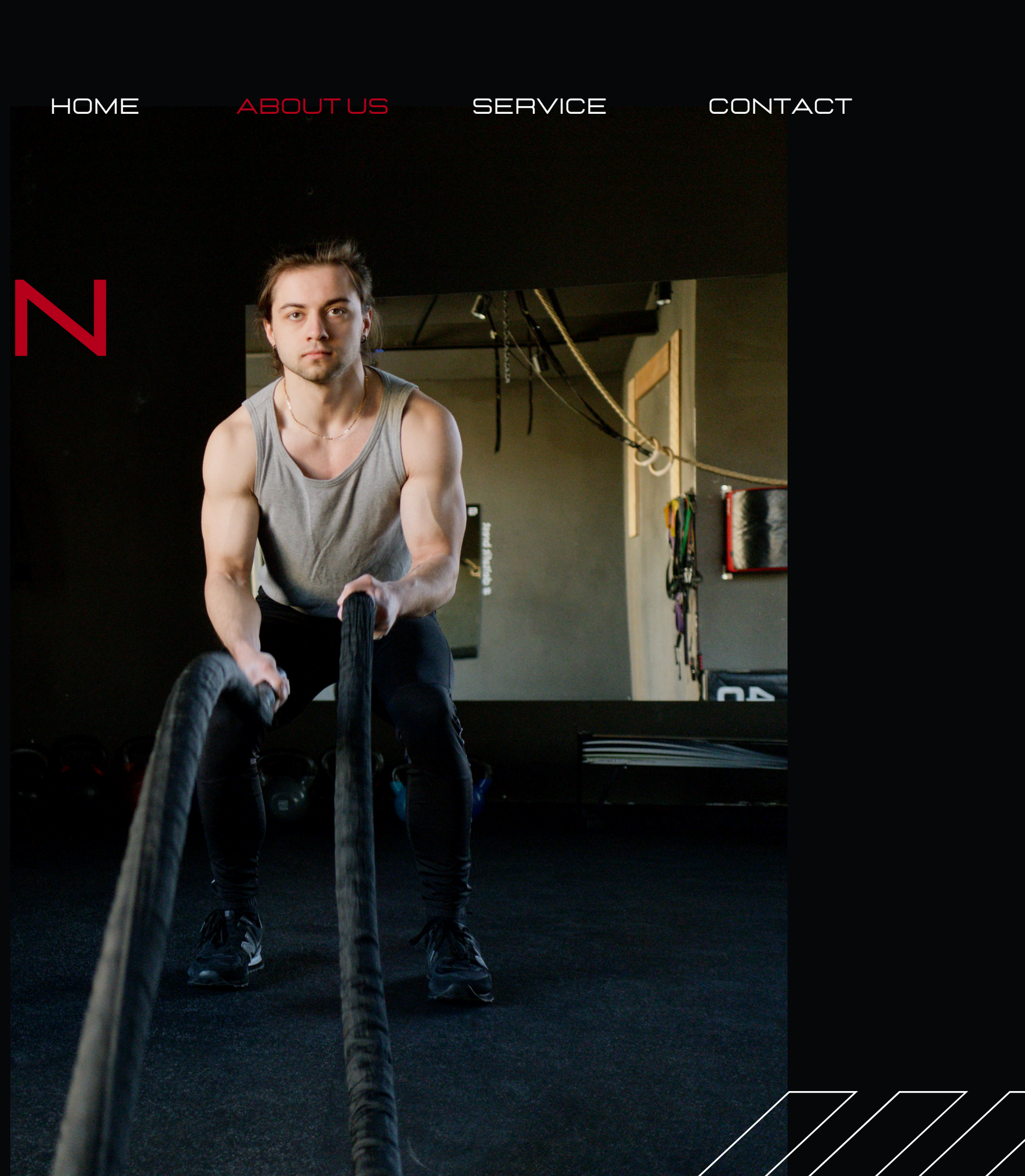


IN THE WORLD, THERE ARE A LOT OF PEOPLE THAT ARE UNFIT, AND SOMETIMES IT CAUSES FOODBORNE DISEASES

OUR MISSION

THE FINAL PRODUCT IS AN APPLICATION THAT CREATES
A HEALTHY EATING PLAN WITH WORKOUTS.

GET STARTED





THE TARGET



The impact educates by providing evidence-based health literacy. It supports the environment by promoting sustainable, plant-based food choices in meal plants.

INNOVATIVENESS



AI GENERATOR

In the application there is an AI that creates food plans and workouts to improve the physique



VIRTUAL CLONE

There is also a virtual clone: taking a picture of yourself by entering age, height and weight, the ai generates an assistant to your complete likeness subsequently integrating the progress. If you train constantly the clone will be happy and will have a toned and defined physique, on the contrary the clone will be unmotivated and with a physique without progress



MOTIVATION

The 3D model allows users to visualize their progress and goals dynamically, offering unprecedented motivation and personalization beyond standard tracking.



MEET THE TEAM



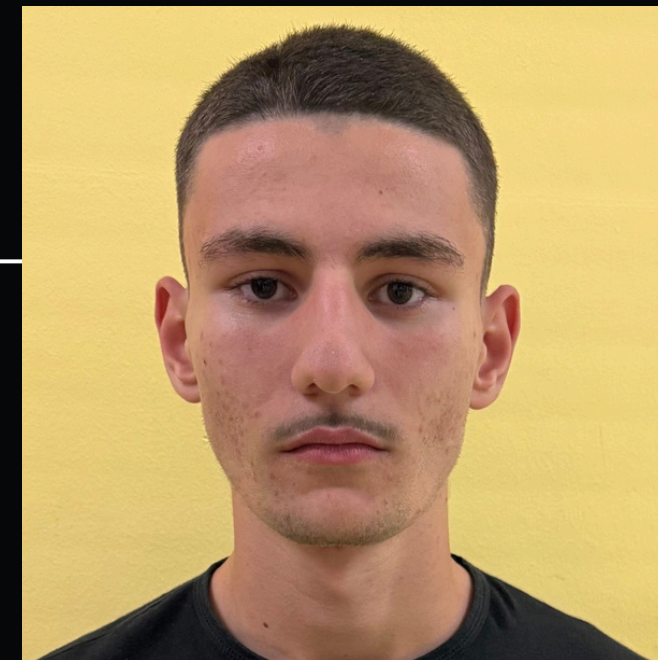
ANDREA CHIRIATTI

TRAINER 1



ALESSANDRO COSTA

TRAINER 2



ANDREA PELLEGRINO

TRAINER 3



CRISTIANO APRILE

TRAINER 4





THE END

PAIN IS TEMPORARY,
GLORY IS
FOREVER

POSSIBLE

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