



GreenBite: Your Al-Powered Path to Sustainable, Healthy Eating

Transforming how we eat, one personalised recipe at a time



LINK: <u>GreenBite</u>



The Challenge We Face

Food Waste Crisis

Families struggle to plan meals efficiently, leading to unnecessary waste (around 1,3/1,6 B tons per year) and environmental impact It's time for a solution that's both personal and planet-friendly

Nutrition Confusion

Conflicting advice makes healthy eating feel overwhelming, especially for vulnerable individuals



Meet GreenBite: Intelligence Meets Sustainability



Al-Generated Recipes

Personalised meals tailored to your unique nutritional needs, preferences, and lifestyle



Zero-Waste Planning

Optimises ingredient usage to minimise food waste whilst maximising nutrition



Expert Chatbot

24/7 guidance on healthy practices, protecting vulnerable users with reliable information

How GreenBite Transforms Your Daily Life

Share Your Story

Input dietary requirements, allergies, preferences, and household size

Receive Smart Suggestions

Al analyses your data to generate perfectly matched, sustainable recipes

Cook with Confidence

Follow step-by-step guidance whilst learning about nutrition and sustainability

Track Your Impact

Monitor waste reduction, nutritional improvements, and environmental contributions



Protecting Those Who Matter Most

Vulnerable User Safeguards

• The use of the chatbot is a measure of prevention, to reduce eating disorders through education

Accessible for Everyone

- Simple, intuitive interface
- Budget-conscious options
- Dietary restriction accommodations

Because healthy eating should be a right, not a privilege

Join the GreenBite Revolution

40%

Food Waste Reduction

Average decrease in household food waste

100%

Personalised Nutrition

Every recipe tailored to your unique needs

24/7

Expert Support

Always-available chatbot guidance

Eat well. Waste less. Live sustainably.



GROUP NAME: SEVEN BITES



Members of our team:

Comi Laura and Tundo Viktor: App development

Benedetta Leo and Ingrosso Sofia: Logo

Mangè Ginevra and Fasiello Benedetta: Creation of the Presentation

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