**DigiEduHack Solution
Düsseldorf - how digital tools can
improve the mental health of students
Challenge: Düsseldorf - how digital
tools can improve the mental health of
students Challenge 2020**

My Soul

My soul

The app cures mental health by helping students to relieve mental stress based on their personality without generalizing and removing dependency on others. It also helps user to maintain record

Team: Mind corp

Team members

Gautham Mayur, Calix Leonel, Nithyaashree G, Yeshitha B

Members roles and background

Gautham Mayur- Team leader

Calix Leonel- designer

Nithyaa- developer

Yeshitha-researcher

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Solution Details

Solution description

the solution is that we would be using a psychological tesst to analyze the user and narrow down the specific soltion to the problem to his personality based on his ways of thinking and feeling

The user would enter a world which is aesthetically pleasing to him like a night city or a forest where he can roam and find quotes in plants or fruits

The community is built up for specific needs such as college / interests and / his personality where he can interact about his shit with people who have the same mentality as him

his user id would be anonymous

Solution context

Problem faced is stress affecting students

The challenge we are solving is acting as an activity challenger to the students in order to relieve them of stress

Solution target group

Target group- Students

Solution will affect the world because if students are happy the world is progressing towards development and peace.

Lower stress will increase performance and tranquility levels

Solution impact

The app helps students relieve stress and explore new goals and possibilities. With students being the biggest strength for any country, it benefits wholly and more so to the education committee. Students prepare themselves better for challenges. We measure it with direct feedback received from students. Feedback is interpreted and utilized to enhance the user experience and performance using the app.

Solution tweet text

An aesthetically pleasing app which challenges you to de-stress by talking to the active community and performing tasks based on your MBTI personality.

Solution innovativeness

community for specifics(university, personality, interests), Psycholgical analysis suiting the personality of user, scene walk through, virtual platform to experience

Solution transferability

It can be extended to be used by all kinds of people other than students. The all takes into account all age groups and can be transferred to all age groups and utilized by them.

Solution sustainability

Implementation is an app

Mid-term goals- Build a functional app that performs activity suggestions, app aesthetics and community building

Long-term goals- Use AI and other ML models for automated suggestions and better the app with the help of user feedback

Solution team work

We worked together by splitting the work among us. It was quite fun working as a team and will look forward to attending more events as a team